- 1. At Gethsemane, Jesus prays as He contemplates the sins of the world.
- 2. The Scourging at the Pillar (Purity) *Matthew* 27:26
 - Jesus is cruelly scourged until His mortified body could bear no more.
- 3. Crowning with Thorns (Courage) *Matthew* 27:28-31
 - A crown of thorns is placed on the head of Jesus.
- 4. Carrying of the Cross (Patience) Luke 23:26-32

 Jesus carries the heavy cross upon His shoulders
 to Calvary.
- 5. The Crucifixion (Self-Denial) Matthew 27:33-50 Jesus is nailed to the cross and dies after hours of agony.

The Glorious Mysteries

Said on Wednesdays and Sundays.

- 1. The Resurrection (Faith) Matthew 28:1-20 Jesus rises glorious and immortal, three days after His death.
- 2. The Ascension (Hope) Luke 24:50-51

 Jesus ascends into Heaven forty days after His

 Resurrection.
- 3. Descent of the Holy Spirit (Love) Acts 2:24
 The Holy Spirit descends upon Mary and the Apostles.
- 4. The Assumption (Eternal Happiness)

 The Blessed Mother is united with her Divine Son
 in Heaven
- 5. The Coronation (Devotion to Mary)

 Mary is gloriously crowned Queen of Heaven
 and earth.

Let us pray

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries in the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise: through the same Christ our Lord. Amen.

Rosary Indulgences

A PLENARY INDULGENCE...

may be gained (under the usual conditions) when the Rosary is prayed in Church, in a family group or in a religious community. Also:

- (A) Five (5) decades of the Rosary must be prayed continuously.
- (B) The prayers of the Rosary must be prayed vocally and one must meditate upon the Mysteries of the Rosary.
- (C) If the recitation of the Rosary is public, the Mysteries of the Rosary must be announced.

A PARTIAL INDULGENCE...

One may gain a partial indulgence for the Rosary's recitation in whole or in part in other circumstances.

A PLENARY INDULGENCE...

can be gained only once a day (except by those who are in danger of death.)

*To gain a **plenary indulgence** one must perform the indulgenced act. Three other conditions must be fulfilled:

- (1) A sacramental confession
- (2) (2) Eucharistic Communion
- (3) Prayers for the Pope's intentions

In addition, one must be free of all attachment to sin, even venial sin. If this complete integrity is not present or if the above conditions are not fulfilled the indulgence is only partial. Both a plenary and partial indulgence may be applied to the dead.

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Pamphlet 155

How to pray the rosary

Our Lady's Favorite Prayer

The purpose of the Rosary is to help keep in memory certain principal events or mysteries in the history of our salvation, and to thank and praise God for them. There are twenty mysteries reflected upon in the Rosary, and these are divided into the five Joyful Mysteries, the five Luminous Mysteries, the five Sorrowful Mysteries, and the five Glorious Mysteries.

The Rosary



How To Pray The Rosary

- 1. Make the sign of the cross
- 2. Say the Apostles Creed
- 3. Say the Our Father
- 4. Say three Hail Marys
- 5. Say the Glory Be
- 6. Announce the first Mystery and say the Our Father
- 7. Say ten Hail Marys while meditating on the Mystery
- 8. Say the Glory Be
- 9. Say the O My Jesus
- 10. Announce the second Mystery and say the Our Father
- 11. Say ten Hail Marys while meditating on the Mystery
- 12. Say the Glory Be
- 13. Say the O My Jesus
- 14. Announce the third Mystery and say the Our Father
- 15. Say ten Hail Marys while meditating on the Mystery
- 16. Say the Glory Be
- 17. Say the O My Jesus
- 18. Announce the fourth Mystery and say the Our Father
- Say ten Hail Marys while meditating on the Mystery
- 20. Say the Glory Be
- 21. Say the O My Jesus
- 22. Announce the fifth Mystery and say the Our Father
- 23. Say ten Hail Marys while meditating on the Mystery
- 24. Say the Glory Be
- 25. Say the O My Jesus
- 26. Say the Hail Holy Queen

Prayers of the Rosary

Sign Of The Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Spirit. born of the Virgin Mary, He suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; he ascended into Heaven sits at the

right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting, Amen.

Our Father

Our Father, who art in Heaven; hallowed by Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of god, pray for us sinners now and at the hour of our death. Amen

Glory Be

Glory be to the Father, to the Son and to the Holy Spirit. As it was in the beginning is now and ever shall be, world without end, Amen.

O My Jesus

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of your Mercy. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope.

To thee we cry, poor banished children of Eve.

To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then most gracious advocate, thine eyes of mercy towards us.

And after this our exile, show unto us the blessed Fruit of they womb, Jesus.

O clement. O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God

That we may be made worthy of the promises of Christ.

Mysteries of the Rosary

The Joyful Mysteries

Said on Mondays and Saturdays.

- 1. The Annunciation (Humility) Luke 1:26-38

 The Angel Gabriel appears to Mary, announcing she is to be the Mother of God
- 2. The Visitation (Charity) Luke 1:39-56
 Elizabeth greets Mary: "Blessed art Thou among women and blessed is the fruit of thy womb!"
- 3. The Nativity (Poverty) Luke 2:1-20
 The Virgin Mary gives birth to the Redeemer of the World.
- 4. The Presentation (Obedience) Luke 2:22-39
 The Blessed Mother presents the Child Jesus in
 the Temple
- 5. Finding in the Temple (Piety) *Luke 2:42-52*The Blessed Mother finds Jesus in the Temple.

The Luminous Mysteries <u>John 8:12</u>

Said on Thursdays.

- 1. The Baptism of Christ in the Jordan John 1:29-34
 The heavens open wide and the voice of the
 Father declares Jesus the beloved Son
- 2. The Wedding Feast at Cana John 2:1-11
 The first of the signs, when Christ changes water
 into wine and opens the hearts of the disciples to
 faith, thanks to the intervention of Mary, the first
 among believers.
- 3. The Announcement of the Kingdom *Matthew* 4:17
 - Jesus proclaims the coming of the Kingdom of God, calls us to conversion and forgives the sins of all who draw near to Him in humble trust.
- 4. The Transfiguration Matthew 17:1-8
 The glory of the Godhead shines forth from the face of Christ as the Father commands the astonished Apostles to "listen to him."
- 5. The Institution of the Eucharist (food for our salvation) Matthew 26:26-30
 Christ offers his body and blood as food under the signs of bread and wine, and testifies "to the end" His love for humanity, for whose salvation He will offer Himself in sacrifice.

The Sorrowful Mysteries

Said on Tuesdays and Fridays.

6. The Agony in the Garden (Contrition) *Luke* 22:39-44